

Yearly Pet Planner

January

- **Vet Check-up:** Schedule your pet's annual wellness exam to update vaccinations & discuss any health concerns with us.
- **Review Diet:** Your pet is one year older! Consult with us about their nutrition and consider switching to a more age-appropriate diet if warranted.
- **Mental Enrichment:** Introduce puzzle toys or training exercises to keep your pet sharp during the coldest days!

February

- **Dental Check-Up:** Schedule a professional cleaning with us if needed.
- **At-Home Care:** Start brushing your pet's teeth or introduce dental chews and toys, if you aren't already.
- **Inspect Teeth and Gums:** Look for signs of dental disease like bad breath, redness, or plaque buildup. If something gives you concern, give us a call.

March

- As the weather warms, increase outdoor play and exercise routines on your calendar. If you have a cat, increasing activity can consist of a new vertical cat tower, a laser toy, or an exercise wheel.
- **Flea and Tick Prevention:** Begin preventative treatments as insects become more active.

April

- **Monitor for Allergies:** Look for signs like excessive scratching, licking, or watery eyes.
- **Seasonal Grooming:** Brush your pet regularly to manage shedding and remove allergens.
- **Yard Safety:** Check your yard for toxic plants or substances that could harm your pet.

May

- **Heartworm Test:** Ensure your pet is protected with heartworm prevention.
- **Update Microchip Info:** Verify your contact information is current in case your pet gets lost.

June

- **Hydration Focus:** Ensure your pet always has access to fresh water, especially outdoors.
- **Heat Safety:** Avoid walking pets during the hottest parts of the day, and never leave them in a parked car.
- **Summer Grooming:** Trim your pet's coat if necessary, but avoid shaving too short, as fur protects from sunburn.

July

- **Calm Anxiety:** Prepare for fireworks with calming aids or a safe space for your pet. We keep different options on hand in our clinics—ask us what might be a good fit for your pet.
- **Pet ID Check:** Ensure collars and tags are secure and up to date.
- **Hydrate and Cool Down:** Offer cooling mats or frozen treats to help them stay comfortable.

August

- **Back-to-School Prep:** If kids are returning to school, adjust your pet's routine to avoid separation anxiety.
- **Paw Care:** Check paws for burns or irritation from hot pavement.

September

- **Weigh In:** Check your pet's weight and adjust food portions if necessary.
- **Grooming Day:** Give them a thorough bath, brush, and nail trim.
- **Revisit Resolutions:** Evaluate the goals you set in January and adjust as needed.

October

- **Halloween Hazards:** Keep candy, decorations, and costumes safe for your pet.
- **First Aid Kit:** Update or create a pet first-aid kit with bandages, antiseptic, and other essentials.
- **Fall Cleaning:** Store away summer items and check for any hazards, like antifreeze spills or toxic fall plants.

November

- **Gratitude Time:** Celebrate your pet with special treats or a new toy.
- **Check Arthritis Signs:** As colder weather sets in, monitor for joint stiffness, especially in older pets.
- **Warm Bedding:** Ensure your pet's sleeping area is warm and cozy.

December

- **Holiday Safety:** Keep plants like poinsettias and foods like chocolate out of reach.
- **Travel Plans:** Arrange for pet care or ensure they'll be safe and comfortable during trips.
- **Reflect on the Year:** Celebrate the progress you've made in your pet's health and well-being!